



PHYLLIS SCHLAFLY
EAGLES

PhyllisSchlafly.com | (314) 721-1213

Fact Sheet: Transgenderism in Youth Sports

Key Terms Defined

Transgender - Belief that one's gender does not match their physiology, also called "Gender Dysphoria."

Trans Boy/Man* - A biological female who claims to be a boy/man.

Trans Girl/Woman* - A biological male who claims to be a girl/woman.

Cisgender - One who is not transgendered.

**For effective practical use, we include the terms as used by LGBT proponents. We do not believe trans boys to be boys, nor do we believe trans girls to be girls.*

Boys are typically much stronger and faster than girls because of the naturally higher amounts of the hormone testosterone in their bodies. Trans boys can take drugs to increase testosterone levels, which leads to higher muscle mass like other performance-enhancing drugs.

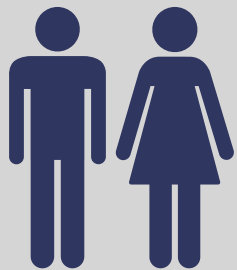
According to the sports organization USA Powerlifting, testosterone leads to "increased body and muscle mass, bone density, bone structure, and connective tissue."

Even if a trans girl takes drugs to decrease natural testosterone, they will still be stronger because they had previous exposure to high testosterone prior to taking testosterone-reducing drugs.

Proponents of transgenders in athletics point to the transgender athletes to compete. However, the sport to sport. Also, no transgender athlete has ever



International Olympic Committee's guidelines allowing guideline is non-binding and open to interpretation from competed in the Olympics.



When transgenders are allowed to compete in sports for the other sex, they will have to be admitted to the locker room of their choice. That means boys being admitted to girls' restrooms, locker rooms, and showers.

Remember that youth sports isn't just about bragging rights. Girls who lose to transgenders lose out on thousands of dollars in scholarships.

Youth sports are about teaching children the value of hard work and practice, as well as the rewards of victory that come with it. If we let transgendered individuals cheat the system with the performance-enhancing drug of testosterone, we cannot instill those positive values in our young people.